



Tip of the

Prevention Information from CSAP's Western Center for the Application of Prevention Technologies

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College Courses for Substance Abuse Prevention

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The Center for Substance Abuse Prevention's Western Center for the Application of Prevention Technologies has identified an emerging need for university-based training programs for students who want to work in the substance abuse prevention field. Few community colleges, four-year colleges, and universities have programs designed to train substance abuse prevention professionals. As a result, CSAP's Western CAPT has created a packet to assist those who are pursuing the development of substance abuse prevention programs or minors at their higher education institution.

Syllabi Overview:

- 1) Substance Abuse and Addiction: This course provides an introduction to the problems associated with alcohol, tobacco, and other drug abuse in our society.
- 2) Substance Abuse Prevention and Development: This course provides an overview of the relationship between developmental theories and effective substance abuse prevention program strategies.
- 3) Substance Abuse Prevention Theory and Praxis: This course provides an analysis of the research, theory, and practical application of substance abuse prevention.

- 4) Substance Abuse Prevention Program Planning and Evaluation: This course examines the pre-planning and implementation stages of incorporating research-based principles with community support.
- 5) Applied Substance Abuse Prevention Practice: This course is an opportunity for students to learn the skills necessary to be a successful substance abuse prevention professional. Skills emphasized include facilitation, communication, organizational development, and others.
- 6) Substance Abuse Prevention Internship: The internship is an opportunity for students to integrate the theory and knowledge from previous classes with the experience of working directly in a substance abuse prevention program.
- 7) Cultural Diversity in Substance Abuse Prevention: A syllabus is not included in this packet for a cultural diversity class because of the great prevalence of cultural diversity courses already in existence in higher education. CSAP's Western CAPT strongly recommends that you include an appropriate cultural diversity course as a requirement for your substance abuse prevention program or prevention minor.

The full document contains detailed syllabi for each proposed course. Each proposed syllabus includes the following information: prerequisites, class level, credits, course description, philosophy, objectives, texts, course outline, course requirements, and grading policies. To view and download a copy of this document, please visit our web-site at www.westcapt.org. First, click on the section entitled "products" and then click on the document "college courses for substance abuse prevention".

The six regional CAPTs are funded by the Center for Substance Abuse Prevention in the Substance Abuse and Mental Health Services Administration. For more information on this Tip of the CAPT or other Western CAPT services, please visit our web site: **www.westcapt.org** or our best practices website: **www.open.org/westcapt**.

Our toll-free office number is: (888) 734-7476